



HANDBOOK

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TEAM

SEASON

DIVISION

COACH

MANAGER

COACH

The successful coach invests more in the well-being and interests of the players than in their win-loss record.

Coach's Code

1. Be reasonable in your demands on the young player's time, energy and enthusiasm. Remember that they have other interests.

2. Teach your players that rules of the game are mutual agreements which no

one should evade or break.

Group players according to age, height, skill and physical maturity whenever possible.

4. Avoid over-playing the talented players. The "just-average" players need and

deserve equal time.

Remember that children play for fun and enjoyment and that winning is only part of it. Never ridicule or yell at the children for making mistakes or losing a competition.

6. Ensure the equipment and facilities meet safety standards and are appropriate to the age and ability of the players.

- 7. The scheduling and length of practice times and competition should take into consideration the maturity level of the children.
- Develop team respect for the ability of opponents, as well as for the judgement of officials and opposing coaches.
- 9. Follow the advice of a physician when determining when an injured player is ready to play again.
- Remember that children need a coach they can respect. Be generous with your praise when it is deserved and set a good example.
- 11. Make a personal commitment to keep yourself informed on sound coaching principles and the principles of growth and development of children.

PLAYERS DETAILS

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| | TEAMS | | |

TO RE-ORDER THIS BOOK

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